

JOIN US FOR A SPECIAL PRESENTATION

SPORT PSYCHOLOGY: THE STUDENT-ATHLETE EXPERIENCE

Date: April 12, 2022

Time: 7pm

Location: Google Meet via Hasbrouck Heights School District website

Join us for an in-depth look at mental health within the athletic community, including substance abuse and performance stressors. Learn about tools and techniques to improve performance and overall well-being.

Guest Presenters - Inspire Wellness Clinical Team



Ramona Tranculov, LMFT, LCADC



Kate Martino, LAC, NCC